

EnrichIt! After School

Preschool to Adults



*Lego Robotics
Public Speaking
Quran Program
Mad Science
Leadership
Visual Arts
Rock Climbing
Archery
Study Skills
Cake Decorating
Self Defense for Women
French Certification
Flower Arrangement
Henna
Basketball
Trampoline
Aerospace
Keyboarding
Conflict Resolution
Skiing*

*Critters
Spiral Sandwiches
Drawing
Cartooning
Dazzling Dips & Spreads
Teddy Bear Factory
Sensational Sushi
Gymnastics
Clay Sculpture
Edible Decorations
Chocolate Heaven
Cooking & Nutrition
JungleSports
Spectacular Smoothies
Ontario Science Centre
Medieval Times
and more!*

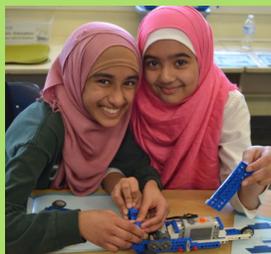
www.enrich-it.ca

MAC 
Muslim Association of Canada

**Programs open to everyone! See our full catalogue online.
Register at www.enrich-it.ca**

**Various locations in Mississauga. Most classes offered at:
Olive Grove School 2300 Speakman Drive Mississauga, ON L5K 1B4**

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EnrichIt!

Established in 2007

Something for all ages and interests

Toronto - Mississauga - Waterloo

EnrichIt! is a program for all children, parents and families! It strives to enrich education through a wide variety of fun and interactive experiences. The advantage of enhancing the theory with hands-on learning methods is that students grasp difficult concepts more easily when they are having fun and seeing the theory bloom into something they created. EnrichIt! helps build communities by providing a safe and welcoming environment. EnrichIt! is for everyone!

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Session	Day(s)	Timings	Sessions	Day(s)	Total
Quran Program (SK to Grade 8)	Mon to Thurs	4:00 pm to 5:00 pm	Vary by month	Mondays to Thursdays each month	\$65
<i>This after-school program is taught by certified Tajweed instructors. Students are placed in classes based on their levels. In level 1, students memorize Surahs starting from the end of the Quran with Tajweed. In levels 2 and 3, students memorize Surahs with Tajweed lessons in every class. Level 4 students have one class of Tajweed and 3 classes of memorization every week. Annual pricing is available, contact info@olivegroveschool.ca for details. (No class on October 11th, 14th, November 15th).</i>					
Basketball Skills Camp (Grades 4 to 8)	Mon	4:00 pm to 5:30 pm	8	September 16, 23, 30, October 7, 21, 28, November 4, 11	\$85
<i>Want to try out for your school basketball team? Get trained by a coach taught by NCAA trainers all the skills needed for being an effective basketball player. A variety of techniques and skills will be taught including improving conditioning and fitness. (No class on October 14th).</i>					
Balls of Fun Play & Work Time (JK to Grade 6)	Mon to Fri	4:00 pm to 6:00 pm	Vary by week	September 16 - December 19	\$15/d \$60/w
<i>Drop your child off for two hours of structured homework time, quiet reading time, instructor lead gym class and free play time. They are sure to enjoy the fitness and fun time and get a head start on their homework while you are free to go the gym or run errands! Choose a rate of \$15 per day or \$60 per week. Advanced registration is required. (No class on October 11th, 14th, November 15th, 16th).</i>					
Lifetime Fitness: Rock Climbing (5 years old and up)	Wed	5:00 pm to 6:00 pm	4	September 18, 25, October 2, 9	\$50
	Mon	5:30 pm to 6:30 pm	4	November 4, 11, 18, 25	\$50
	Fri	6:00 pm to 7:00 pm	4	January 10, 17, 24, 31	\$50
<i>Rock climbing at Life Time Fitness: it's not about getting to the top of the wall, it's about developing communication and teamwork skills. The "one time classes" are an introduction into climbing and getting children familiar with the equipment and routes and techniques of climbing. The "four week sessions" will focus on team building skills, problem solving, endurance and proper climbing techniques. Each climber will be introduced to easy, medium and hard routes that will provide each student to go beyond their comfort zone and challenge themselves in a different environment.</i>					
Monkeynastix (JK to Grade 2)	Wed	4:00 pm to 4:45 pm	2	September 18, 25	\$25*
			4	October 2, 9, 23, 30	\$58
			4	November 6, 13, 20, 27	\$58
			3	December 4, 11, 18	\$44
			12	September 18 - December 18	\$160
<i>Students will explore and discover the world through their senses and their bodies with a fun and exciting movement education program run by a qualified instructor from Monkeynastix. The program builds self-image and self-confidence through the individual success they achieve using specialized equipment. Each week the child builds a different skill. *This is an introductory rate. (No class on October 16th).</i>					
Martial Arts for Kids (JK to Grade 1)	Fri	4:00 pm to 4:45 pm	2	September 20, 27	\$30
			3	October 4, 18, 25	\$45
			4	November 1, 8, 22, 29	\$60
			2	December 6, 13	\$60
			11	September 20 - December 13	\$175
<i>This program is run by "Martial Arts for Kids" and instills values of respect, integrity and confidence to help children develop into well rounded individuals. Students learn coordination, balance, strength, flexibility, build control, patience and good social habits. It is run by qualified instructors that specialize in working with young children. (No class on November 15th).</i>					

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Stand Up and Speak Group 1: Grades 1 to 3 Group 2: Grades 4 to 8	Mon	4:00 pm to 5:00 pm	4	Sept 23, 30, October 7, 21	\$50
	Fri	4:00 pm to 5:00 pm	4	November 22, 29, Dec 6, 13	\$50
<i>Do you get tongue tied, have sweaty palms and at times really nervous to speak? Learn the art of impromptu speaking and gathering your thoughts so you can remain cool, calm and confident at all times! Come join us for 4 weeks of public speaking training where you will learn how to eliminate signs of nervousness, how to gather your thoughts quickly and sensibly and learn the simple template of writing a good speech. Gaining confidence can be a lot of fun! This workshop is offered for \$80 in community centres. (No class on October 14th).</i>					
Henna by Design (Grade 4 and up)	Tues Fri	4:00 pm to 5:00 pm	4	September 24, 27, October 1, 4	\$40
<i>Learn the timeless art of henna by creating traditional & modern designs. Traditionally used to decorate hands for celebration, you will have the opportunity to work on different mediums while learning a variety of application techniques and patterns. Have hours of fun with scrolls, swirls, paisleys and lines and cherish your take along art piece.</i>					
Critters (3 years old and up)	Thurs Tues	4:00 pm to 5:00 pm	1 1	September 26 December 3	\$13
<i>Students will attend a "Critters" show and see a variety of species such as a snake, lizard, spider, a turtle and rabbit. Students are encouraged to learn about the critters up close but not touch unless they want to. Animals will be brought out one at a time and a few fun facts will be provided about each one.</i>					
Self Defense for Women (13 years old up)	Sun	10:00 am to 1:00 pm	1	September 29	\$25
<i>Provided by experts at the Total Empowerment Network this personal safety course covers the following: personal safety and self defence theory, detecting predatory behavior, identify and evade pre-incident indicators to violence, learn how victims are selected and how to prevent it, basic High Impact Targeting and Striking (HITS), basic rear attack escapes and defences and basic defences against grabs and strikes.</i>					
Aerospace Engineering Workshop (Grades 1 to 6)	Sun	10:00 am to 12:00 pm	1	September 29	\$30
<i>Have you ever seen a plane and wondered how it flies or how a rocket blasts off? The workshops teach the principles and physics behind flight through exciting hands-on activities. Bring your own creativity into the classroom where you will be able to design and build your own rockets, airplanes, hovercrafts and so much more. Get ready to have fun testing and launching your creations to over 100ft in the air!!!</i>					
Chocolate Heaven (Grade 2 and up)	Mon	4:15 pm to 5:45 pm	1	September 30	\$12
	Tues	5:45 pm	1	November 19	\$12
<i>Enjoy creating the yummiest and most creative chocolate lollipops and chocolate candies! Students will be taught how to make the most scrumptious and colourful chocolates! They will learn how to decorate the lollipops and chocolate candies by painting them with colourful melted candy melts and/or sprinkling them with edible glitter and sprinkles. The options are endless; make chocolate flowers, soccer balls, basketballs, fruits, letters, animals, and much more! Take home a bag of milk and white decorative chocolates for a dessert everybody will love!</i>					
Fantastic French (Grade 6 to 8)	Tues	4:00 pm to 5:00 pm	4	October 1, 8, 22, 29	\$50
<i>Students will prepare for DILF, DELF, and DALF* which are a set of official French proficiency tests administered by the Centre international d'étude pédagogiques in November. In addition to allowing you to opt out of a French university's language entrance exam, having one of these French certifications looks good on your CV. The DILF/DEL/DALF is the French equivalent of the English proficiency test TOEFL*, but has multiple levels. This fee does not cover the cost of writing the test with the Mississauga testing site of Alliance française de Toronto. (No class on October 15th).</i>					
Archery (8 years old and up)	Tues	4:15 pm to 5:45 pm	6	October 1, 8, 22, 29, Nov 5, 12	\$155
<i>Archery is a sport demanding a range of skills from a steady hand, strong shoulders, flexible muscles, and a keen eye. It also improves focus, patience, and self-confidence. Sessions will be held at the Ontario Centre for Classical Sport (10 mins away). Parents must transport their child from OGS. This program is offered at a discounted group rate (regularly \$180+). (No class on October 15th).</i>					

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Leadership Workshop (Grades 3 to 6)	Tues	4:00 pm to 5:30 pm	5	October 1, 8, 22, 29, Nov 5	\$120
<i>The Kids 4 Kids Leadership Program has become Canada's best leadership program for school aged children. Using cooperative games, stories, role plays and discussions, best selling author Scott Graham captivates and inspires children to pursue their personal best. Topics will include: Characteristics of a Leader: Integrity, Initiative, Responsibility, Respect, Anti bullying strategies, anger management, peer pressure and homework strategies that work. (No class on October 15th)</i>					
Lego Robotics (Grades 1 to 8)	Wed	4:00 pm to 5:00 pm	8	October 2, 9, 23, 30, November 6, 13, 20, 27	\$175
<i>Have you ever wondered how a car works? A cell phone? Flying machines of all types? Logics Academy's Robotics workshops will engage and educate you in the world of sensors, gears, motors and computer control through exciting hands-on activities. You will learn about mechanisms of all kind, both electronics and pneumatics and you will also be introduced to several energy sources, including wind and solar power. Bring your own creativity into the classroom where you will be able to design and build your own moving machines. Get ready to have fun testing and competing with your creations. This amazing, one of a kind program is delivered by Logics Academy, a leader in robotics and aerospace educational enrichment activities. This program will provide students with the understanding of Technology and Engineering principles through fun and exciting workshops! (No class on October 16th).</i>					
Cake Decorating (Grades 2 and up)	Wed	4:00 pm to 5:00 pm	2 2	October 2, 9 November 20, 27	\$20 \$20
<i>Gourmet bakers share their secrets as they teach participants how to decorate cakes and cookies, sending them home with six cupcakes. Students will learn techniques such as rose cupcake decorating and making grass decorations. This fun and hands-on class is sure to engage and excite all registrants.</i>					
Flower Arrangement (Grades 2 and up)	Thurs	4:00 pm to 5:00 pm	1	October 3	\$15
<i>Students will learn the basic art of flower decorating. They will arrange a bouquet of roses in cellophane and take home from unique creation for a special someone!</i>					
Basketball Bonanza (Grades 1 to 4)	Thurs	4:00 pm to 5:15 pm	9	October 3, 10, 17, 24, 31, November 7, 14, 21, 28	\$125
<i>5 Pillar Athletics is a basketball program running since 2010. Students will develop basketball skills; learn the importance of healthy eating and living an active lifestyle while having fun! The program is systematically designed in phases in order to help its participants stay engaged, understand how to improve basketball skills and learn the games rules/regulations through fun circuits and games.</i>					
Oxford Learning Study Skills Workshop (Grades 4 to 8)	Fri	4:00 pm to 6:00 pm	1	October 4	\$25
<i>Start the new year off on the right foot! Oxford Learning Centres will be providing this workshop to learn valuable study skills, organization and time management for more academic success. This two hour session is run by a certified instructor and is valued at over \$100!</i>					
Teddy Bear Factory (JK and up)	Mon Thurs	4:00 pm to 5:00 pm	1 1	October 7 November 28	\$15/ \$20
<i>Choose an unstuffed cuddly friend, stuff it, make a special rainbow wish, name it with your own personalized birth certificate, and then take it! A variety of animals are available with a personalized t-shirt. Join us for this workshop by Stuff-It Animals Creations of fluff and fantastic fun! Small 8 inch animals are \$15 and the large 16 inch animals are \$20.</i>					
VAM Just Drawing (Grades 1 to 6)	Thurs	4:00 pm to 5:30 pm	1	October 17	\$16
<i>Drawing is a natural response to the world we see around us. What better way to improve drawing skills than by learning to observe? You will learn to sharpen observation skills and draw what you see. A variety of styles and dry media will be introduced including pencil, pastel and charcoal. This session will be conducted by Visual Arts Mississauga.</i>					
VAM Cartooning (7 years old and up)	Thurs	4:00 pm to 5:30 pm	1	October 24	\$16
<i>Let your imagination run wild with this fun and challenging workshop. Working step-by-step with pencil, marker and paints, you will learn to create unique cartoon characters and place them in a variety of exciting situations in a comic strip or animation cell format. This session will be conducted by Visual Arts Mississauga.</i>					

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VAM Children's Clay Sculpture (Grades 1 to 6)	Thurs	4:00 pm to 5:30 pm	1	October 31	\$16
<i>Get your hands dirty while learning the tricks you will need to go from a hunk of mud to a glazed and fired piece! Use slab, coil and pinch pot techniques to create one-of-a-kind sculptures, plaques or containers. This session will be conducted by Visual Arts Mississauga.</i>					
Trampolining (Grade 1 to Grade 8)	Fri	4:00 pm to 5:00 pm	3 3	October 18, 25, November 1 November 22, 29, December 6	\$40 \$40
<i>Held at Airborne Trampoline (10 mins away), students will enhance overall condition, strength, flexibility, timing and balance. Parents must transport their child from OGS. This program is atleast 30% off the cost of regular registration.</i>					
Mad Science: Extraordinary Lab (Grades 1 to 6)	Mon	4:00 pm to 5:00 pm	8	October 21, 28, Nov 4, 11, 18, 25, December 2, 9	\$140
<i>Students will not believe their eyes as they examine different optical illusions and watch as light and colour interact, tricking their sense of sight. Children will participate in classes where their taste buds will be put to the test - they will learn how their sense of taste works. Studying the scientific principles of heat, students build their own thermometer. Students will learn all about magnets and how they are used in our everyday lives. The basics of sound will be revealed with a cool Mad Science twist - children's voices will be wildly distorted through a Mad Science sound machine. We will wow them with polymers in one of the most popular Mad Science Programs - Mad Science Putty!!! Educational, entertaining and sticky...what more could a kid wish for? Topics: Watts-Up, Magnetic Magic, Optical Illusions, Lights...Colour...Action, Che-Mystery, Sonic Sound, Tantalizing Taste, Harnessing Heat.</i>					
Mad Science: Discovery Lab (JK and SK)	Mon	4:00 pm to 5:00 pm	8	October 21, 28, Nov 4, 11, 18, 25, December 2, 9	\$140
<i>Mad Science conducts these fun, hands-on, one-hour science programs spark imaginative learning. Children engage in exciting hands-on activities, watch spectacular demonstrations, participate in inquiry-based discussions and take home things that they have made themselves. Topics: Adventures in Air, Colour Lab, Eye to Eye, Keep in Touch, Butterflies, Mad Mixtures, Magnetic Attraction, Space Frontiers.</i>					
Edible Decorations (Grades 3 and up)	Wed	4:00 pm to 5:00 pm	2 2	October 23, 30 November 6, 13	\$22
<i>In this scrumptiously creative class learn to make beautiful bouquets and baskets using fruits and vegetables along with other creative healthy eating ideas. After every class, take home your delicious creation to share with your family.</i>					
VAM Meet Canadian Masters (Grades 1 to 6)	Thurs	4:00 pm to 5:30 pm	1	November 7	\$16
<i>Get to know two of Canada's best loved artists; Emily Carr and Norval Morrisseau. Learn about who they were and what they liked to paint and then create your own masterpieces inspired by them. This session will be conducted by Visual Arts Mississauga.</i>					
Spectacular Smoothies (Grades 1 and up)	Tues	4:00 pm to 5:00 pm	1	November 26	\$10
<i>In this class learn how to make a smoothie that can be a nutritious and convenient snack. With just a few ingredients, children will be on their way to creating a delicious drink in a variety of flavours.</i>					
Conflict Resolution Workshop (6 – 12 years old)	Thurs	4:00 pm to 5:00 pm	1	November 26	\$15
<i>By developing a deeper awareness of themselves, their peers and their environment through the study of Conflict Analysis and Resolution, the Total Empowerment Network will empower registrants to build the Inner Strength and Self-Worth to stand their ground when needed and how to evade and escape conflict when needed. Areas covered include personal safety, self defence, bullying, social violence, how to detect and evade predators, how to self-motivate, how to stay calm and grounded in the face of conflict and how to resolve conflict without first resorting to physical means.</i>					
Spiral Sandwiches (Grades 1 and up)	Tues	4:00 pm to 5:00 pm	1	December 3	\$10
<i>Give your boring lunch a fun twist by learning how to make spiral sandwiches. Create your own sandwich with fresh ingredients and learn to make your traditional sandwich into a more fun and tasty experience.</i>					

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JungleSport Group 1: Grades 1 to 3	Mon Wed	4:00 pm to 5:00 pm	2	December 9, 11	\$20
Group 2: Grades 4 to 8	Tues Thurs	4:00 pm to 5:00 pm	2	December 10, 12	\$20
<i>Watch the Olive Grove School gym get transformed into a one of a gym jungle gym! Encourage a healthy lifestyle and enjoy the journey of swinging vines, rock climbing, rickety bridges, snaky ladders, zip lines, giant swings, spider's webs, and more in a safe and controlled environment!</i>					
Sensational Sushi (Grades 1 and up)	Tues	4:00 pm to 5:00 pm	1	December 10	\$10
<i>Tired of the same old lunch everyday. In this class you will learn to make rice rolls and sushi with a variety of fresh ingredients. Children will make, roll and taste their unique creations.</i>					
Dazzling Dips & Spreads (Grades 1 and up)	Tues	4:00 pm to 5:00 pm	1	December 17	\$10
<i>Create your own interesting variety of spreads and dips for your crackers and vegetables. Healthy and easy to make these dips can be a great addition to your next party with friends and family!</i>					
Aerospace (Grades 1 and up)	Fri	4:00 pm to 5:00 pm	8	January 11	\$200
<i>Logics Aerospace workshops are filled with exciting and educational projects applicable to flight. Students will construct their flying objects while applying the knowledge of forces causing movement, structures and stability. They will discover and recreate the inventions of the Wright Brothers using their unique and innovative ideas. In addition to building, students will conduct tests to investigate the advantages and drawbacks to their creations and make modifications. Taking their inventions outside of the classroom and beyond! No class on February 14.</i>					



EnrichIt! for Families

EnrichIt! Brunch (all ages)	Sun	TBA		November 10	TBA
<i>Enjoy a family breakfast with something to suit everyone's taste buds and support EnrichIt! at the same time! Check our website for more information.</i>					
Medieval Times (all ages)	Fri	10:00 am to 1:00 pm	1	November 15 INCLUDES BUSSING	\$50 A \$40 C
<i>Enjoy this activity that's sure to entertain the whole family! Medieval Times offers you a truly unique and interactive educational experience. You will learn about life in the Middle Ages, play medieval games of skill, spectacular horsemanship and even an authentic jousting tournament featuring six brave Knights of the realm. A full meal is served at the performance. These are discounted tickets as adults are regularly priced at \$60+ without bussing!</i>					
Ontario Science Centre + IMAX (all ages)	Fri	9:00 am to 5:00 pm	1	December 20 INCLUDES BUSSING	\$22 A \$16 C
<i>Enjoy the extensive exhibits at the Science Centre with a self-guided visit with friends and family. Included in your admission will be an IMAX movie (to be announced closer to the date). Tickets are discounted as are normally priced at \$28 for adults and \$16 for child without bussing!</i>					
Ski at Ski Snow Valley (6 years and up)	Mon	9:00 am to 6:00 pm	1	January 20 INCLUDES BUSSING	\$55
<i>An opportunity to enjoy a recreational winter sport at Ski Snow Valley in Barrie! The cost of this trip includes transportation (coach bus) to and from OGS, equipment rental (helmet, skis and boots), lift tickets and ski time. Each child must be registered with an adult for supervision. This is a \$78 value offered to OGS at a group rate.</i>					
Snowtubing at Ski Snow Valley (42" inch height and up)	Mon	9:00 am to 6:00 pm	1	January 20 INCLUDES BUSSING	\$45
<i>An opportunity to enjoy a recreational winter sport at Ski Snow Valley in Barrie! The cost of this trip includes transportation (coach bus) to and from OGS and all day of snowtubing. Each child must be registered with an adult for supervision.</i>					

Enticing
Engaging
Exciting...



It's EnrichIt!

One of a kind programming for preschoolers to adults!

Look at some of the pros working with EnrichIt!



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